

## Health Disclaimer

Date Last Modified: 13 May 2020

Highlighting the clause from the [LIVE Online Terms & Conditions](#). As a person undertaking online classes, live or recorded, with Yogiville, any of our affiliates or instructors, it is imperative that you accept responsibility for your health.

Health Disclaimer Clause:

Physical exercise, in all of its forms and with or without the use of equipment such as blocks, straps or any other equipment that may be suggested by a Yogiville instructor, is a strenuous physical activity. Accordingly, you are urged and advised to seek the advice of a physician before beginning any physical exercise regimen, routine, program or using any suggested equipment. Yogiville is not a medical organisation and its instructors or staff cannot give you medical advice or diagnosis. All suggestions and comments relating to the use of equipment, poses, movement, breath and instruction are not required to be performed by you and are carried out at your election while participating online or from Yogiville videos. Nothing contained in the Service should be construed as any form of such medical advice or diagnosis.

By using the Service, you represent that you understand that physical exercise involves strenuous physical movement, and that such activity carries the risk of injury whether physical or mental. You understand that it is your responsibility to judge your physical and mental capabilities for such activities. It is your responsibility to ensure that by participating in classes, courses, programs, and activities from Yogiville, you will not exceed your limits while performing such activity, and you will select the appropriate level of activity for your skills and abilities, as well as for any mental or physical conditions and/or limitations you have. You understand that, from time to time instructors may suggest physical adjustments or the use of equipment and it is your sole responsibility to determine if any such suggested adjustment or equipment is appropriate for your level of ability and physical and mental condition. You expressly waive and release any claim that you may have at any time for injury of any kind against Yogiville, or any person or entity involved with Yogiville, including without limitation its directors, principals, instructors, independent contractors, employees, agents, contractors, affiliates and representatives.

Additional conditions apply for participation in Prenatal Yoga Classes and Childrens Yoga Classes.

**Prenatal Yoga Class participation.** If you have a regular yoga practice before becoming pregnant, then you may start prenatal yoga as advised by your medical professional. If you are new to yoga, prenatal yoga is suitable from your second trimester and as advised by your medical professional. You accept full responsibility to disclose to Yogiville all information regarding your health relevant to the practice of yoga during your pregnancy. You take full responsibility for all applications of yoga you practice in the class and outside the class during your pregnancy. You fully understand that the recommendations, ideas or techniques expressed and described in these prenatal yoga classes cannot be regarded as substitute for the advice of qualified medical practitioners. Any uses to which recommendations, ideas and techniques are provided are at your sole discretion and risk.

**Children's Yoga Class Participation.** Parental or guardian consent is required for all children who will participate in Children's Yoga LIVE Online with Yogiville Gurukul, prior to the child taking part in any classes. A child is anyone under the age of 18. Parent or guardian must visibly be with the child during their participation in any Children's Yoga Class. You provide your consent:

- To allow your child to participate in the LIVE Online Yoga Classes you register your child for
- For Yogiville to maintain a record of your child's name, age, general health and medical conditions and emergency contact information for health and safety reasons
- My child being filmed or photographed during the activity, with the possibility that these photographs/media recordings may be used for publications or marketing programs. You may withdraw consent for Yogiville to use the photographs / media recordings in writing at any time.
- You understand that your child needs to follow any behaviour code and any safety rules so that Yogiville Gurukul can keep them and other children safe.
- You take full responsibility to advise Yogiville in writing if any changes to this information about your child

Parents and carers must make arrangements for the child to be brought to the place where they will participate in the Online Yoga Class activity safely and on time. and for the technical requirements to establish the online session.

If you or a carer is not able to be with their child or nearby during the class, you need to inform Yogiville or Yogiville instructor in advance with name of who will overseeing your child's participatoin in the class or activity.